

Programs and Key Outcomes

2009 - 2010

Since 1983, the Child Abuse Prevention Center's programs have permanently and positively changed the lives of more than 190,000 children and their parents. The Prevention Center currently offers a variety of programs that work to prevent child abuse and family violence by addressing the underlying social, environmental, and medical factors that can contribute to this devastating social issue. Our main goal is to ensure that children are raised in a healthy and safe home environment while developing the necessary social and emotional skills to become active members of society.

PARENTING SERVICES

♥ *Parent Empowerment Programs*

Our In-Home Parent Empowerment Programs deliver critically-needed, life-altering parenting strategies and education to struggling families in their own homes. At the heart of these programs, which can last up to 12 months, is intensive, one-on-one educational sessions designed to interrupt the cycle of abuse and keep families together.

Bridges for Newborns offers at-risk parents of newborns a support system and a link to community resources to help ease the adjustment following the birth of a new baby.

Welcome Baby serves parents of newborn babies, teaching them to care for their infants while guiding them through the stressful and challenging experiences of parenthood.

Supporting Parents and Reaching Kids (SPARK) delivers critically-needed, intensive parenting strategies to families with children from birth to 5 years of age that are either in a prolonged state of crisis or are at risk for abuse.

♥ *Specialty Focused Prevention Services*

In-Home Coach helps at-risk families who have suspected or confirmed cases of child abuse and are referred by the County of Orange Social Services Agency. The abuse can consist of neglect, physical, sexual, or emotional child abuse. Our goal is to provide preventative services to keep the abuse from occurring again.

Multidisciplinary Care Team (MCT) provides expanded education and support services to those families at high risk for child abuse through a team of highly-trained specialists.

Monitored and Supervised Visitation provides a safe and supervised environment for children to meet with non-custodial parents and family.

MENTAL HEALTH SERVICES

♥ *In-Home Crisis Stabilization* is comprised of a team of clinicians and mental health workers who offer short-term, in-home therapy and case management services. In partnership with the Orange County Health Care Agency, our team is available 24/7 to support children and families in crisis. The overall goal is to maintain family stabilization and prevent out of home placement or psychiatric hospitalization.

♥ *In-Home Mental Health* provides an 8-10 week in-home mental health service, including assessment, treatment planning, counseling, therapy and resource referral.

(Over)

GROUP SERVICES, PANELS AND SEMINARS

♥*Teen Voices/Teen Choices*

- ***Teen Dating Violence Prevention Presentations*** – provides an interactive DVD-based educational presentation for teens focused on teen dating violence. Our goal is to create a learning experience in which students learn what dating violence is, how to recognize unhealthy relationships, understand why it may be difficult to leave a violent/abusive relationship, and learn about available resources for support and information.

- ***Baby Think It Over*** – provides a hands on, experiential approach to teen pregnancy prevention by demonstrating the responsibilities and, sometimes, burdens of parenthood through a computerized simulator doll. Teens spend the weekend caring for “an infant” designed to replicate the needs of a newborn baby.

♥ ***Helping Kids Cope*** is a one-time co-parenting workshop designed to teach parents how to minimize the negative and potentially long-term effects of separation or divorce on their children, and how to develop the skills needed to form a workable, co-parenting relationship for their children.

COMMUNITY CONNECTIONS

♥ ***Adopt-a-Family*** connects individuals and groups in the community with families in need through the Prevention Center’s staff to provide resources, support and donated goods.

♥ ***Basic Needs*** provides critical, basic household items to families going through the reunification process in order to reunite the family in a healthy and safe home.

ADVOCATE SERVICES

♥ ***Child Abuse Services Team*** (CAST) utilizes Prevention Center volunteer advocates to work with victims of child abuse. The CAST program conducts multidisciplinary child sexual abuse, physical abuse and violent trauma investigations in a child-focused, child-sensitive environment to reduce further trauma to the child. It is collaboration among social services, law enforcement, deputy district attorneys, medical providers, and therapists. CAST conducts coordinated on-site services for the child victim and their family.