



FALL 2008
a newsletter of the...

FAMILY *matters*



BUILDING BRIGHTER FUTURES FOR KIDS

A MESSAGE FROM OUR EXECUTIVE DIRECTOR

The Season for Giving

As the holidays approach, our thoughts are filled with family, friends and loved ones. While our holiday traditions are unique, our hearts are open to sharing and giving more than any other time of the year.

We hope your family will join the Child Abuse Prevention Center in giving the gift of a joyous holiday season to those less fortunate. What better way to celebrate as a family than by giving back to the community? You'll do more than just help someone in need; you'll capture the true spirit of the season.

Charity can take many forms. You can volunteer your time delivering gifts to our clients, or adopt a family as a part of your holiday tradition. Nothing can match the joy of seeing a child's face light up as their holiday wishes come true. If you're stumped as to what to get for someone in your life, consider making a gift to the Prevention Center in their name. The possibilities are endless.

Please consider the Child Abuse Prevention Center and our clients as we enter this season, and help make the holidays bright for Orange County's children and families.

All the best!

—Scott Trotter, Executive Director

SUCCESS STORY... A Story of Courage and Triumph

Lana Pacheco and her husband were struggling with two young children and felt their family beginning to fall apart. In addition to financial difficulties, their youngest daughter was struggling with hearing and speech impediments. Fearful of the repercussions of accepting financial support from the government, and with her husband working part-time, the family was in dire straits.

Lana was referred to the Child Abuse Prevention Center through M.O.M.S. and was immediately connected with a caseworker in our SPARK program. Together, they worked on creating positive and consistent parenting techniques. Lana and her husband learned about the various resources available to them and their caseworker provided education on the realities of accepting assistance, and dispelling the negative myths of asking for help.



Today, the Pachecos are functioning as a well adjusted family, utilizing proper discipline and communication techniques. They have also received some much needed assistance and community support, helping them to become financially stable and secure. Their experience with the Prevention Center led the family toward achieving self-sufficiency, in addition to gaining parenting knowledge and practical skills.

Please note that the client's name and photo have been changed to preserve confidentiality.

CAPC Board Member, Jon Miller, with CAPC Executive Director, Scott Trotter



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Community CONNECTIONS & AWARENESS

BACK TO SCHOOL PICNIC

On August 7, 2008, we held our annual Back-To-School Picnic for the children and families enrolled in our programs. Held at the Santa Ana Zoo's Prentice Park, the day offered a fun, family-friendly atmosphere and helped prepare each child for their return to school equipped and ready for success.

Crucial to the afternoon's success was the hard work and dedication of volunteers and generous contributions made along the way. Organizations like Target and UPS captured the volunteer spirit by recruiting their employees to help. Additionally, the generous backpack and school supply donations from COSTCO, St. Mary's Episcopal Church, KWDZ Manufacturing and more helped ensure that each child left the picnic with a backpack full of school supplies. A grand total of 862 backpacks and pre-school bags were handed out with the help of more than 228 volunteers making the day possible.



Above: Girl Scouts from Troop 58 got into the volunteer spirit.



Left: Our In-Home Crisis Stabilization team members took a photo opportunity with firemen from Santa Ana Fire Station #2.

Caseworkers Katya Martinez, Catalina Gomez and Hilda Shimizu enjoyed the afternoon.



Volunteers from Target helped make the day possible.



Bridges caseworkers showed the true meaning of team work at the picnic.

DONATE SCHOOL SUPPLIES FOR NEXT YEAR'S PICNIC by contacting Kelly Chung at (714) 955-6510 or email her at KChung@BrightFutures4Kids.org.

Program Spotlight

SPARK

Supporting Parents and Reaching Kids (SPARK) serves at-risk families with children 0-5 years old in their homes. Our trained staff provide in-home case management, parenting education, developmental screenings for children, injury prevention education and other support services.

The focus of SPARK is to educate parents to raise healthy children by:

- Improving parenting knowledge and skills
- Creating safe and healthy home environments
- Screening children for developmental milestones
- Providing nutrition education



SPARK team members Celia Molina, Ruth Martinez, Kely Pena, Belen Cornejo and Giuliana Romo.

New Program: MONITORED VISITATION

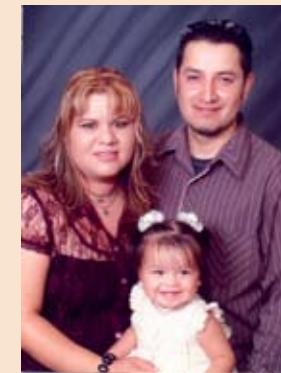
Here We Grow Again!

In July, we welcomed our new Monitored Visitation program funded by the Orange County Social Services Agency. This program is focused on providing a safe and supervised environment for children to meet with non-custodial parents and family.



Monitored Visitation team members Nestor Acosta, Cynthia Sotelo-Ortiz, Bridget Walin, Sandra Quezada and Susan Villatoro.

Caseworker in Action



Margarita Cruz with her husband Ricardo and daughter Sophia

Name: Margarita Cruz

Program: Bridges for Newborns

Program Description: Bridges for Newborns offers parents of newborns a temporary support system to help ease the adjustment following the birth of a new baby.

Favorite Things about Working in Bridges: I love working with the Bridges team and the camaraderie we share. The program's developmental baby screenings are always exciting and I enjoy helping families access resources when needed. It's wonderful seeing my clients grow in different ways and the insight they gain to help them become better parents. My greatest joy in the program is watching my client's babies grow from just a few days old to their first birthday.

Challenges Faced: It is very challenging when working with resistant clients, particularly when they are teen moms and not much older than children themselves. My biggest challenge is navigating the limited resources in the community, especially for the Latino population.

Biggest Motivation: I am motivated by knowing that I can make a small change in people's lives. The gratitude I receive from clients at the end of services is heartwarming and wonderful. The thank you cards I receive from my clients reassures me that I'm making a difference in their lives.

FUNDRAISING & Events

SAVE THE DATE

7th Annual Charity Golf Classic

Presented by Wells Fargo



Orange County's top business and community leaders "teed off" against child abuse at the Child Abuse Prevention Center's Charity Golf Classic on Monday, August 18th, at the El Niguel Country Club in Laguna Niguel. This 7th annual tournament, presented by Wells Fargo Bank, made great strides in the fight against child abuse by raising more than \$70,000 for the Prevention Center's in-home child abuse prevention, parenting education and mental health programs.

Save the Date: 8th Annual Charity Golf Classic on Monday, August 17, 2009



Jeff Shepard of CRESA Partners participates in the shoot out contest.



Above: Riley, Pati and Pat Murphy volunteer their time.



Above: Ed Inal, Scott Trotter and Jeff Shepard kicked off the tournament.



Left: Mary Johnson, Carlos Marquez, Chris Rodgers and Ed Inal had fun out on the links.

January 10, 2009

Athletes & Aces Casino Night

The Wives of Professional Athletes and the Child Abuse Prevention Center are proud to announce the 4th Annual Athletes and Aces Casino Night on January 10, 2009. This unique event will give you the opportunity to rub shoulders with your favorite professional athletes while enjoying an evening of fun, entertainment and fundraising.

Please visit www.BrightFutures4Kids.org or contact Jessica McLin at (714) 955-6587 for more information.



Darin and Jessica Erstad captured the spirit of the evening.

June, Dick and Jenny Nen with Rachel and Jim Everett having a wonderful time.

Presenting Sponsor



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JS Giguere and Sammy Pahlsson celebrating with the Stanley Cup.





This holiday season, the Child Abuse Prevention Center invites you to participate in our Families Helping Families annual campaign. Together, we can help families celebrate the season of sharing and create memories for years to come.



Donate today and help a family in need through the holidays.

- **\$25** can provide essential items, such as baby blankets, diapers and winter clothing
- **\$50** can cover the cost of a holiday dinner for a family of four
- **\$100** can help a mother and child with a doctor's check-up
- **\$150** can send one of our caseworkers into a client's home for parenting education services

How to donate:

- **Donate online at www.BrightFutures4Kids.org.**
- **Call (714) 543-4333 and donate over the phone.**
- **Fill out the form below and mail it back to:**

Child Abuse Prevention Center
C/O Families Helping Families
500 S. Main Street, Suite 1100
Orange, CA 92868



\$50,000 & UP

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**Child Abuse Prevention Center
Families Helping Families Campaign
A Non-Profit Corporation, Federal Tax ID #33-0013237**

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10 things to make a difference today

In today's busy world, the little things that you can do to make a difference in the life of a child are often overlooked or simply taken for granted. Here are 10 things that you can do that will make a lasting impact on a child:

1. Give your child a hug.
2. Tell your child you love them.
3. Compliment a child and teach them self-confidence.
4. Read a book with a child.
5. Reward your child for doing something good.
6. Tell your child something funny that happened to you when you were a kid.
7. Bake and decorate a cake or make cookies together.
8. Talk with a child about what to do in an emergency.
9. Practice crossing the street safely.
10. Donate gently used clothes, toys or household items to charity together.



Please visit www.BrightFutures4Kids.org and click on the Families Helping Families homepage icon to donate online, adopt a family, volunteer, and more.



Don't miss this year's
Athletes & Aces
Casino Night
 coming January 10, 2009.

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SAVE THE DATE

Families Helping Families
Holiday Connections Program
 October through December 2008

Exchange Club Newport Harbor
Movie Premiere Night
 Lido Theatre, Newport Beach
 Thursday, November 13, 2008
 5:30 p.m. Food Festival
 7:00 p.m. Movie Premiere

American Technologies Inc.
"6th Annual" Tee Fore! Toys
Golf Tournament

Benefiting the Child Abuse Prevention Center
 Industry Hills Golf Club
 Thursday, December 4, 2008
 11:00 a.m. Shotgun Start
 Please contact Don Gibson at
 dgibson@amer-tech.com.

Legal Marketing Association
Holiday Party and Silent Auction

Blanca Restaurant, Newport Beach
 Saturday, December 6, 2008
 Contact Jennifer Ward at Jen.Ward@LW.com.

Athletes & Aces Casino Night
January 10, 2009

Details coming soon!



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 (714) 543-4333

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