



Programs and Key Outcomes

2007 - 2008

Since 1983, the Child Abuse Prevention Center's programs have permanently and positively changed the lives of more than 184,000 children and their parents. The Prevention Center currently offers a variety of programs that work to prevent child abuse and family violence by addressing the underlying social, environmental, and medical factors that can contribute to this devastating social issue. Our main goal is to ensure that children are raised in a healthy and safe home environment while developing the necessary social and emotional skills to become active members of society.

IN-HOME SERVICES

♥ *Parent Empowerment Programs*

Our In-Home Parent Empowerment Programs deliver critically-needed, life-altering parenting strategies and education to struggling families in their own homes. At the heart of these programs, which can last up to 12 months, is intensive, one-on-one educational sessions designed to interrupt the cycle of abuse and keep families together.

Bridges for Newborns offers at-risk parents of newborns a support system and a link to community resources to help ease the adjustment following the birth of a new baby.

Welcome Baby serves parents of newborn babies, teaching them to care for their infants while guiding them through the stressful and challenging experiences of parenthood.

Supporting Parents and Reaching Kids (SPARK) helps deliver critically-needed, intensive parenting strategies to families with children from birth to 5 years of age that are either in a prolonged state of crisis or are at risk for abuse.

♥ *High Risk Prevention Services*

Child Abuse Response Effort (formerly IHPA) helps at-risk families who have been suspected or have confirmed cases of child abuse and are referred by the County of Orange Social Services Agency. The abuse can consist of neglect, physical, sexual, or emotional child abuse. Our goal is to provide preventative services to keep the abuse from occurring again.

Domestic Violence Recovery Support (formerly DASU) provides intensive in-home parenting education and critical family support services to help rebuild families who have experienced the devastating effects of domestic violence.

Multidisciplinary Care Team (MCT) provides expanded education and support services to those families at high risk for child abuse through a team of highly-trained specialists.

♥ *Care Giver Support Services*

Foster Family Support Services utilizes a team of trained staff to help ease the burden foster parents experience with the challenges of raising a foster child who was a victim of child abuse, allowing them to focus on helping their foster child heal.

Suddenly Parents focuses on child abuse survivors who are living with relatives or non-relative extended family members as a result of child abuse. The program is designed to assist their caregivers with the challenges of becoming "instant" parents.

MENTAL HEALTH SERVICES

♥ *Family Crisis Care* is comprised of a team of clinicians and mental health workers who offer short-term, in-home therapy and case management services. In partnership with the Orange County Health Care Agency, our team is available 24/7 to support children and families in crisis. The overall goal is to maintain family stabilization and prevent out of home placement.

♥ *In-Home Mental Health* provides an 8-10 week in-home mental health service, including assessment, treatment planning, intervention and resource referral.

GROUP SERVICES, PANELS AND SEMINARS

♥ *Teen Voices/Teen Choices* is comprised of four integrated components designed to meet the needs and the challenges facing teens today.

Teen Dating Violence Prevention Panels encourages outreach from teen dating violence survivors to speak with their peers about how they got into abusive relationships, why they stayed and how they safely got out.

Teen Pregnancy Prevention Panels utilize a peer-to-peer outreach education model to educate adolescents and teens about the overwhelming responsibilities involved in raising a child and how their unplanned pregnancy forever changed their lives.

Baby Think It Over provides a hands-on, experiential approach to teen pregnancy prevention. Through an important demonstration of the responsibilities and, sometimes, burdens of parenthood, computerized *Baby Think It Over* dolls that are designed to replicate the infant care needs of a newborn baby are distributed to at-risk teens.

“Reach for the Stars” Young Mother Mentoring Day gathers Orange County’s female business and community leaders together for a one-day seminar to mentor and inspire at-risk young mothers about goals, careers and overcoming life’s hardships.

♥ *Helping Kids Cope* is a one-time co-parenting workshop designed to teach parents how to minimize the negative and potentially long-term effects of separation or divorce on their children, and how to develop the skills needed to form a workable, co-parenting relationship for their children.

♥ *Family Group Decision Making* utilizes a family-centered intervention model that brings families, extended family members, foster parents, and community support systems together to develop a family plan to ensure the best care and protection of children.

COMMUNITY CONNECTIONS

♥ *Adopt-a-Family* connects individuals and groups in the community with families in need through the Prevention Center’s staff to provide resources, support and connections.

♥ *Basic Needs* provides critical, basic household items to families with children placed outside of the home in order to reunite the family in a healthy and safe home.

ADVOCATE SERVICES

♥ *Child Abuse Services Team* utilizes Prevention Center advocates to work with victims of child abuse on adjusting to a normal state of being immediately after the incident of abuse. The CAST program conducts multidisciplinary child sexual abuse investigations in a child-focused, child-sensitive environment to reduce further trauma to the child. It is collaboration among social services, law enforcement, deputy district attorneys, medical providers, and therapists, and conducts coordinated on-site services for the child victim and their family.